

Bringing Out the Best



Into the Next Century

The Optimist

Spring 2019



Bringing Out the Best
100 Years of Optimism





DISASTER RELIEF



The Optimist International Disaster Relief Fund assist clubs working in their communities to that have been affected by terrible natural disasters.

They are Optimists In Action to get a community back on its feet.

Help with their great work by donating to the Optimist International Foundation Disaster Relief Fund.

More information available at www.optimist.org or www.oifoundation.org

CONGRATULATIONS to Our Newest Optimist International Foundation Board of Directors Members!



T G THOMAS



JIM KONDRASUK

VISIT www.oifoundation.org/election.html
TO LEARN MORE ABOUT THE NEW MEMBERS!



Hammond Club Funds Deskcycles

Submitted by: Nadège Fortier, Administrative Director, Canadian Children's Optimist Foundation

In Spring 2018, the Saint-Mathieu Elementary School in Hammond, Ontario, was getting ready for big changes for the teaching staff. Many of them would be assigned to a new class in September, and that was the case for Manon Girard who would now teach in 5th grade.

As she was looking for a way to meet the needs of a class with many kids dealing with ADD, ADHD and other learning challenges, and a way to keep them motivated all year long, Girard had the idea to buy deskcycles. These pedal exercisers sit under the students' desks so they can use up excess energy. Girard also decided to decorate her class with racecars, and kept some space for rest areas.

Supported by the Club Optimiste de Hammond Inc. and by the school management team, Girard applied for a Canadian Children's Optimist Foundation's Club Grant. This program aims to be a jumpstart for projects and supporter of innovative ideas. Her project met the criteria, as it promotes and encourages the education, health, social, artistic or physical development and growth of Canadian youth. The grant committee awarded a \$500 grant to help Girard and the Club Optimiste de Hammond buy two deskcycles.

Girard's students love the deskcycles and have expressed appreciation. Student Olivié said "I love cycling when I have a lot of energy. I can spend it and then concentrate on my schoolwork. Also, it is fun!"

Thanks to the Canadian Children's Optimist Foundation!

For more information on Club Grants, visit our website at <http://ccof-foec.org>

